SEC Form 4	
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Washington, D.C. 20549

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FORM 4

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

INC [ XPO ] X Director 10% Owner						
	10% Owner					
(Last) (First) (Middle) X Officer (give title below) below)						
C/O EXPRESS-1 EXPEDITED SOLUTIONS, INC. 3. Date of Earliest Transaction (Month/Day/Year) 12/12/2008 Chief Financial Officer	Chief Financial Officer					
429 POST ROAD						
4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applica Line)	oup Filing (Check Applicable					
(Street)	One Reporting Person					
BUCHANAN MI 49107 Form filed by More than One Reporting	1 0					
Person						
(City) (State) (Zip)						

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date,		ction Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)			Derivative		Expiration Dat	e	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
\$0.92	12/12/2008		A		100,000		12/12/2008 <sup>(1)</sup>	12/12/2018	Common Stock	100,000	\$0	305,000	D	
	or Exercise Price of Derivative Security	Conversion or Exercise Price of Derivative Security	2. Conversion or Exercise Price of Derivative Security	2. Conversion or Exercise Price of Derivative Security 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) 3. Transaction (Month/Day/Year) . (Month/Day/Year) . (Month/Day/Year	2. Conversion or Exercise Price of Derivative Security 3. Transaction (Month/Day/Year) 3. A. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Code (Instr. 8) Code V	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) 4. Transaction Code (Instr. 8) 5. Numb Derivativ Securitie or Disponof (D) (In 3, 4 and   2. Code V (A. Derivative Securitie or Disponof (D) (In 3, 4 and	2. Conversion or Exercise Price of Derivative Security   3. Transaction Date (Month/Day/Year)   3A. Deemed Execution Date, if any (Month/Day/Year)   4. Transaction Code (Instr. 8)   5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	2.   3. Transaction   3A. Deemed   5. Number of   6. Date Exercise     Price of   (Month/Day/Year)   if any   (Month/Day/Year)   6. Date Exercise     Derivative   (Month/Day/Year)   (Month/Day/Year)   6. Date Exercise   5. Number of     Derivative   (Month/Day/Year)   (Month/Day/Year)   6. Date Exercise   5. Number of     Derivative   (Month/Day/Year)   (Month/Day/Year)   6. Date Exercise   5. Number of     Derivative   (Month/Day/Year)   (Month/Day/Year)   (Month/Day/Year)   6. Date Exercise     Code   (Nonth/Day/Year)   (Month/Day/Year)   (Month/Day/Year)   0   Disposed of (D) (Instr. 3, 4 and 5)     Code   V   (A)   (D)   Date     Exercise   (Month/Day/Year)   (Month/Day/Year)   0	2. Conversion or Exercise Price of Derivative Security   3. Transaction Date (Month/Day/Year)   3A. Deemed Execution Date, if any (Month/Day/Year)   4. Transaction Code (Instr. 8)   5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   6. Date Exercisable and Expiration Date (Month/Day/Year)	2. Conversion or Exercise Price of Security   3. Transaction Date (Month/Day/Year)   3A. Deemed Execution Date, if any (Month/Day/Year)   4. Transaction Code (Instr. 8)   5. Number of Derivative Securities A cquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   6. Date Exercisable and Expiration Date (Month/Day/Year)   7. Title an of Securit Underlyin Derivative (Instr. 3, 4 and 5)     \$0.92   12/12/2008   A   100.000   12/12/2008 <sup>(1)</sup> 12/12/2018   Common	2. Conversion or Exercise Price of Security   3. Transaction Date (Month/Day/Year)   3A. Deemed Execution Date, if any (Month/Day/Year)   4. Transaction Code (Instr. 8)   5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   6. Date Exercisable and Expiration Date (Month/Day/Year)   7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)     2. Derivative Security   0. Date (Month/Day/Year)   7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)     3. Transaction Derivative Security   3. Transaction (Month/Day/Year)   3. Transaction Derivative Securities (Instr. 3, 4 and 5)   6. Date Exercisable Expiration Date   7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)     50. 92   12/12/2008   A   100.000   12/12/2008   Common   100.000	2. Conversion or Exercise Price of Security   3. Transaction Date (Month/Day/Year)   3A. Deemed Execution Date, if any (Month/Day/Year)   3. Deemed Execution Date, if any (Month/Day/Year)   5. Number of Derivative Securities (Month/Day/Year)   6. Date Exercisable and Expiration Date (Month/Day/Year)   7. Title and Amount of Securities (Month/Day/Year)   8. Price of Derivative Securities (Month/Day/Year)   8. Price of Derivative Securities (Month/Day/Year)     0   Derivative Security   5. Number of Derivative Securities (Month/Day/Year)   6. Date Exercisable and Expiration Date (Month/Day/Year)   7. Title and Amount of Securities Underlying Derivative Security (Instr. 3)   8. Price of Derivative Securities (Instr. 3, 4 and 5)     5   0	2. Conversion or Exercise Price of Security   3. Transaction Date (Month/Day/Year)   3A. Deemed Execution Date, if any (Month/Day/Year)   4. Transaction Derivative Securities (Month/Day/Year)   5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)   6. Date Exercisable and Expiration Date (Month/Day/Year)   7. Title and Amount of Securities Underlying Derivative Security (Instr. 3)   8. Price of Derivative Security (Instr. 5)   9. Number of derivative Security (Instr. 5)     0   Derivative Security (Instr. 3, 4 and 5)   0. Date Code   V   (A)   0. Date Date   Title   Amount or Number of Shares   8. Price of Derivative Security (Instr. 5)   9. Number of derivative Security (Instr. 5)     50 92   12/12/2008   A   100 000   12/12/2008 <sup>(1)</sup> 12/12/2018   Common 100 000   100 000   50   305 000	Conversion or Exercise Price of Derivative Security   Date (Month/Day/Year)   Execution Date, if any (Month/Day/Year)   Transaction any (Month/Day/Year)   Derivative Derivative Securities (Month/Day/Year)   Expiration Date (Month/Day/Year)   of Securities Underlying Derivative Security (Instr. 3 and 4)   Derivative Securities (Instr. 3 and 4)   Ownership Securities (Instr. 3 and 4)     No 92   12/12/2008   A   A   100 000   12/12/2008 <sup>(1)</sup> 12/12/2018   Common   100 000   \$0   305 000   D

Explanation of Responses:

1. The options vest monthly over a 3-year period and are exercisable from the date of the grant through the end of the 10-year period.

12/17/2008

Date

\*\* Signature of Reporting Person

Mark Patterson

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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