

Express-1 Expedited Solutions (AMEX:XPO) Drives Momentum; Announces New Logistics Venture

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"Bounce Logistics, Spring into Action"

Express-1 Expedited Solutions, Inc. (AMEX:XPO) today announced the creation of a new non-asset based brokerage segment, Bounce Logistics, Inc.

Express-1 Expedited Solutions, Inc., one of the leading ground expedited transportation companies in the U.S., has formed a new subsidiary to complement its portfolio of transportation services. Bounce Logistics, Inc. will be based in South Bend, Indiana and focus upon dedicated fleet services, full-truckload (semi) offerings, supply chain consulting and "custom warehousing solutions." In keeping with Express-1 Expedited Solutions' business model, Bounce Logistics, Inc. will be focused on premium transportation solutions for its customers.

Bounce will be lead by a team of industry veterans, with Tim Hinds as President of Operations and Kurt LaDow as Vice President of Operations. Hinds and LaDow have a combined thirty-five year history in the transportation industry, with Hinds having spent approximately 10 years managing start-ups and turnarounds within this sector.

Express-1 Expedited Solutions, Inc. CEO Mike Welch stated, "We're very excited to have Tim and Kurt join our organization in this capacity. They're proven industry professionals and we couldn't have asked for a better management team to lead this new endeavor. With the creation of Bounce, we are positioning the Company to further add value to our core customer base by covering some of the additional high-priority needs of our customers, beyond the traditional expedited model. We expect Bounce to generate between five million and six million dollars of additional revenue in 2008 and be profitable within the first year of operations."

Hinds stated, "I am excited to be a part of Express-1; I have always been impressed with their team and organization. I think Bounce Logistics will quickly become a leading boutique Logistics provider. Our bread and butter will be providing solutions for complicated logistics needs that require a high degree of talent and customer service."

Commenting further Welch added, "Over the past year, we've been telling our shareholders our focus was going to branch beyond the organic growth model within our two business segments, Express-1 and Express-1 Dedicated located in Evansville, Indiana. We've entrusted the continued success of Express-1, Inc. to the capable hands of Jeff Curry, its President. While we remain committed to and engaged in the success of our business segments, our Chief Financial Officer and I have shifted some of our focus to business development and acquisitions. Bounce is the first result of this new structure and we're proud to have attracted such a solid team as Tim and Kurt to develop this operation. We're excited about additional opportunities we see on the horizon and are committed to continuing the momentum we've established as a team at Express-1 Expedited Solutions, Inc."

About Express-1 Expedited Solutions, Inc.

Offering same-day, time-sensitive, and dedicated transportation to more than 1500 customers, Express-1 is one of the largest ground expedite companies in the country. The company's premium transportation service is provided through its 24/7 operations center, by experienced inside sales staff using the latest in vehicle tracking and dispatch software. Express-1 services customers in the 48 states and portions of Canada and Mexico. Express-1 utilizes an asset light operating model working with independent contractors that live throughout the Country. Express-1 Expedited Solutions, Inc. is publicly traded on the American Stock Exchange under the symbol XPO. For more information about the Company, visit www.express-1.com.

Forward-Looking Statements

This press release contains forward-looking statements that may be subject to various risks and uncertainties. Such forward-looking statements are made pursuant to the "safe harbor" provisions of the Private Securities Litigation Reform Act of 1995 and are made based on management's current expectations or beliefs as well as assumptions made by, and information currently available to, management. These forward-looking statements, which may include statements regarding our future financial performance or results of operations, including expected revenue growth, cash flow growth, future expenses, future operating margins and other future or expected performance, are subject to the following risks: that our recent reorganization fails to result in

projected operating efficiencies; the acquisition of businesses or the launch of new lines of business, which could increase operating expenses and dilute operating margins; increased competition, which could lead to negative pressure on our pricing and the need for increased marketing; the inability to maintain, establish or renew relationships with customers, whether due to competition or other factors; the inability to comply with regulatory requirements governing our business operations; and to the general risks associated with our businesses.

In addition to the risks and uncertainties discussed above you can find additional information concerning risks and uncertainties that would cause actual results to differ materially from those projected or suggested in the forward-looking statements in the reports that we have filed with the Securities and Exchange Commission. The forward-looking statements contained in this press release represent our judgment as of the date of this release and you should not unduly rely on such statements. Unless otherwise required by law, we undertake no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events or otherwise after the date of this press release. In light of these risks and uncertainties, the forward-looking events and circumstances discussed in the filing may not occur, and actual results could differ materially from those anticipated or implied in the forward-looking statements.

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