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UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. 4)*

Express-1 Expedited Solutions, Inc.
(Name of Issuer)
Common Stock, par value \$0.001 per share
(Title of Class of Securities)
30217Q108
(CUSIP Number)
December 31, 2010
(Date of Event Which Requires Filing of this Statement)
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:
[_] Rule 13d-1(b)
[V] Pulo 12d 1(a)
[X] Rule 13d-1(c)
[_] Rule 13d-1(d)
*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No.	30217Q108	
1.	NAME OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)	
	Cross River Capital Management LLC	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)	
3.	SEC USE ONLY	
4.	CITIZENSHIP OR PLACE OF ORGANIZATION	
	Delaware	
NUMBER (OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
5.	SOLE VOTING POWER	
	0	
6.	SHARED VOTING POWER	
	1,646,400	
7.	SOLE DISPOSITIVE POWER	
	0	
8.	SHARED DISPOSITIVE POWER	
	1,646,400	
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	1,646,400	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	5.08%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)	

CUSIP No.	30217Q108	
1.	NAME OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)	
	Cross River Partners LP	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)	(a) [_] (b) [_]
3.	SEC USE ONLY	
4.	CITIZENSHIP OR PLACE OF ORGANIZATION	
	Delaware	
NUMBER (OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
5.	SOLE VOTING POWER	
	0	
6.	SHARED VOTING POWER	
	1,646,400	
7.	SOLE DISPOSITIVE POWER	
	0	
8.	SHARED DISPOSITIVE POWER	
	1,646,400	
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	1,646,400	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	5.08%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)	
	PN	

CUSIP No.	30217Q108	
1.	NAME OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)	
	Richard Murphy	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)	(a) [_] (b) [_]
3.	SEC USE ONLY	
4.	CITIZENSHIP OR PLACE OF ORGANIZATION	
	United States of America	
NUMBER (OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
5.	SOLE VOTING POWER	
	94,650	
6.	SHARED VOTING POWER	
	1,646,400	
7.	SOLE DISPOSITIVE POWER	
	94,650	
8.	SHARED DISPOSITIVE POWER	
	1,646,400	
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	1,741,050	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	5.38%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)	
	IN	

Item 1. (a) Name of Issuer: Express-1 Expedited Solutions, Inc.	CUSIP No.		30217Q108
(b). Address of issuer's principal executive offices: 3399 South Lakeshore Drive, Suite 225 Saint Joseph, Michigan 49085 Item 2. (a). Name of person filing: Cross River Capital Management LLC Cross River Partners LP Richard Murphy (b). Address or principal business office or, if none, residence: Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Cross River Partners LP c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Richard Murphy c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 (c). Cross River Capital Management LLC — Delaware Cross River Capital Management LLC — Delaware Cross River Partners LP — Delaware	Item 1.	(a).	Name of Issuer:
3399 South Lakeshore Drive, Suite 225 Saint Joseph, Michigan 49085 Item 2. (a). Name of person filing: Cross River Capital Management LLC Cross River Partners LP Richard Murphy (b). Address or principal business office or, if none, residence: Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Cross River Partners LP c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Richard Murphy c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 (c). Citizenship: Cross River Capital Management LLC – Delaware Cross River Partners LP – Delaware Cross River Partners LP – Delaware			Express-1 Expedited Solutions, Inc.
Item 2. (a). Name of person filing: Cross River Capital Management LLC Cross River Partners LP Richard Murphy (b). Address or principal business office or, if none, residence: Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Cross River Partners LP c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Richard Murphy c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Richard Murphy c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 (c). Citizenship: Cross River Capital Management LLC – Delaware Cross River Capital Management LLC – Delaware Cross River Partners LP – Delaware		(b).	Address of issuer's principal executive offices:
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456 Main Street, 2nd Floor Ridgefield, CT 06877 Cross River Partners LP c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Richard Murphy c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 (c). Citizenship: Cross River Capital Management LLC – Delaware Cross River Partners LP – Delaware		(b).	Address or principal business office or, if none, residence:
c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 Richard Murphy c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 (c). Citizenship: Cross River Capital Management LLC – Delaware Cross River Partners LP – Delaware			456 Main Street, 2nd Floor
c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor Ridgefield, CT 06877 (c). Citizenship: Cross River Capital Management LLC – Delaware Cross River Partners LP – Delaware			c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor
Cross River Capital Management LLC – Delaware Cross River Partners LP – Delaware			c/o Cross River Capital Management LLC 456 Main Street, 2nd Floor
Cross River Partners LP – Delaware		(c).	Citizenship:
			Cross River Partners LP – Delaware
(d). Title of class of securities:		(d).	Title of class of securities:
Common Stock, par value \$0.001 per share			Common Stock, par value \$0.001 per share
(e). CUSIP No.:		(e).	CUSIP No.:
30217Q108			30217Q108

Item 3.		If This Statement is filed pursuant to §§.240.13d-1(b) or 240.13d-2(b), or (c), check whether the person filing is a		
	(a)	[_]	Broker or dealer registered under section 15 of the Act (15 U.S.C. 780).	
	(b)	[_]	Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c).	
	(c)	[_]	Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c).	
	(d)	[_]	Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8).	
	(e)	[_]	An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);	
	(f)	[_]	An employee benefit plan or endowment fund in accordance with § 240.13d-1(b)(1)(ii)(F);	
	(g)	[_]	A parent holding company or control person in accordance with §240.13d-1(b)(1)(ii)(G);	
	(h)	[_]	A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C.1813);	
	(i)		A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);	
	(j)	[_]	A non-U.S. institution in accordance with §240.13d-1(b)(1)(ii)(J);	
	(k)		Group, in accordance with $\S 240.13d-1(b)(1)(ii)(K)$. If filing as a non-U.S. institution in accordance with $\S 240.13d-1(b)(1)(ii)(J)$, please specify the type of institution:	
Item 4.	Owner	ship.		
	Provide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item			
	(a)	Amount beneficially owned:		
		Cross River Capital Management LLC – 1,646,400 Cross River Partners LP – 1,646,400 Richard Murphy – 1,741,050		
	(b)	Percent of class:		
		Cross River Capital Management LLC – 5.08% Cross River Partners LP – 5.08% Richard Murphy – 5.38%		

	(c)	Numb	er of shares as to which the person has:
		(i)	Sole power to vote or to direct the vote,
			Cross River Capital Management LLC -0 Cross River Partners LP -0 Richard Murphy $-94,650$
		(ii)	Shared power to vote or to direct the vote,
			Cross River Capital Management LLC $-1,646,400$ Cross River Partners LP $-1,646,400$ Richard Murphy $-1,741,050$
		(iii)	Sole power to dispose or to direct the disposition of,
			Cross River Capital Management LLC -0 Cross River Partners LP -0 Richard Murphy $-94,650$
		(iv)	Shared power to dispose or to direct the disposition of
			Cross River Capital Management LLC $-1,646,400$ Cross River Partners LP $-1,646,400$ Richard Murphy $-1,741,050$
	Instr	uction: F	or computations regarding securities which represent a right to acquire an underlying security see §240.13d-3(d)(1).
Item 5.	Own	ership of	Five Percent or Less of a Class.
			nt is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more ent of the class of securities, check the following [_].
Item 6.	Own	ership of	More Than Five Percent on Behalf of Another Person.
	such class	securitie , such pe	erson is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, s, a statement to that effect should be included in response to this item and, if such interest relates to more than 5 percent of the rson should be identified. A listing of the shareholders of an investment company registered under the Investment Company Act beneficiaries of employee benefit plan, pension fund or endowment fund is not required.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

If a parent holding company or control person has filed this schedule, pursuant to Rule 13d-1(b)(1)(ii)(G), so indicate under Item 3(g) and attach an exhibit stating the identity and the Item 3 classification of the relevant subsidiary. If a parent holding company or control person has filed this schedule pursuant to Rule 13d-1(c) or Rule 13d-1(d), attach an exhibit stating the identification of the relevant subsidiary.

Item 8. Identification and Classification of Members of the Group.

If a group has filed this schedule pursuant to §240.13d-1(b)(1)(ii)(J), so indicate under Item 3(j) and attach an exhibit stating the identity and Item 3 classification of each member of the group. If a group has filed this schedule pursuant to Rule 13d-1(c) or Rule 13d-1(d), attach an exhibit stating the identity of each member of the group.

Item 9. Notice of Dissolution of Group.

Notice of dissolution of a group may be furnished as an exhibit stating the date of the dissolution and that all further filings with respect to transactions in the security reported on will be filed, if required, by members of the group, in their individual capacity. See Item 5.

Item 10. Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

February 14, 2011

(Date)

CROSS RIVER CAPITAL MANAGEMENT LLC

/s/ Richard Murphy

By: Richard Murphy Title: Managing Member

CROSS RIVER PARTNERS LP

/s/ Richard Murphy

By: Richard Murphy

Title: Managing Member of the General Partner

RICHARD MURPHY

/s/ Richard Murphy

The original statement shall be signed by each person on whose behalf the statement is filed or his authorized representative. If the statement is signed on behalf of a person by his authorized representative other than an executive officer or general partner of the filing person, evidence of the representative's authority to sign on behalf of such person shall be filed with the statement, provided, however, that a power of attorney for this purpose which is already on file with the Commission may be incorporated by reference. The name and any title of each person who signs the statement shall be typed or printed beneath his signature.

Note. Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See s.240.13d-7 for other parties for whom copies are to be sent.

Attention. Intentional misstatements or omissions of fact constitute Federal criminal violations (see 18 U.S.C. 1001).

Exhibit A

AGREEMENT

The undersigned agree that this Schedule 13G/A dated February 14, 2011 relating to the Common Stock, par value \$0.001 per share, of Express-1 Expedited Solutions, Inc., shall be filed on behalf of the undersigned.

February 14, 2011

(Date)

CROSS RIVER CAPITAL MANAGEMENT LLC

/s/ Richard Murphy

By: Richard Murphy Title: Managing Member

CROSS RIVER PARTNERS LP

/s/ Richard Murphy

By: Richard Murphy

Title: Managing Member of the General Partner

RICHARD MURPHY

/s/ Richard Murphy

SK 25818 0001 1168729