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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): June 19, 2007

**EXPRESS-1 EXPEDITED SOLUTIONS, INC.**

(Exact Name of Registrant as Specified in Its Charter)

Delaware

(State or other jurisdiction of  
incorporation or organization)

000-49606

(Commission File Number)

03-0450326

(I.R.S. Employer  
Identification No.)

429 Post Road, Buchanan, Michigan 49107  
(Address of principal executive offices — zip code)

(269) 695-4920

(Registrant's telephone number, including area code)

Not applicable

(former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)).
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ITEM 5.02 DEPARTURE OF DIRECTOR OR PRINCIPAL OFFICER; ELECTION OF DIRECTORS; APPOINTMENT OF PRINCIPAL OFFICERS

Mr. Jeffrey A. Curry was appointed President of Express-1 Expedited Solutions, Inc. at the recommendation of the Company's CEO Mike Welch and with the support of the Board of Directors. Mr. Curry will continue his role of Board Secretary while serving in his new capacity.

Mr. Curry, 45 years old, has served in various capacities since 2001, when he joined the Company after a sixteen-year career in the banking industry. Most recently, Mr. Curry served in the capacity of Vice President of Business Development.

A press release with respect to the foregoing matters is attached as an exhibit hereto.

ITEM 9.01 FINANCIAL STATEMENTS AN EXHIBITS

(c) Exhibits.

99.1 Press release dated June 19, 2007.

**SIGNATURE**

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: June 19, 2007

Express-1 Expedited Solutions, Inc.

By: /s/ Mike Welch

Mike Welch  
Chief Executive Officer

**Contact:**

Express-1 Expedited Solutions, Inc.  
Jeff Curry  
269-695-4955  
Jeff.Curry@express-1.com

**EXPRESS-1 EXPEDITED SOLUTIONS (AMEX:XPO) PROMOTES CURRY TO PRESIDENT**

BUCHANAN, Mich. — June 19, 2007 — Express-1 Expedited Solutions, Inc (XPO), one of the top ground expeditors in the country, has promoted Jeff Curry to President. In this role, Curry will handle administrative and investor relations duties as well as business development and operations for the company. "This well deserved promotion is another step in our continued effort to grow our business with a reinforced focus on premium transportation." Said Mike Welch CEO. "We are entering a critical growth period for the company and I believe we have the right team in place to fuel this next evolution of the business to the benefit of our customers, employees, owner operators, and shareholders. Jeff's personnel, organizational, and management skills have helped propel our growth over the last six years, and I look forward to having his support as I focus more of my efforts on strategic planning, growth, and building customer relationships."

"I'm excited about the opportunity to take on this additional responsibility," Curry said. "We have excellent people, who are committed to providing top quality service to our customers. I have been pleased to be a part of the company's expansion, and I look forward to assisting Mike and the team."

Curry graduated from Kalamazoo College in 1983, and spent 16 years in the Banking Industry prior to joining Express-1 in 2001. Curry has held a variety of positions at Express-1, including Vice President of Recruiting, Chief Operating Officer, and most recently Vice President of Business Development.

"Jeff has the experience and the energy to run all phases of the company. Our long relationship gives me complete trust in his ability to achieve our business objectives," says Welch, who remains actively involved in the Company's management as CEO.

**About Express-1 Expedited Solutions, Inc.**

Offering same-day, time-sensitive, and dedicated transportation to more than 1500 customers, Express-1 is one of the largest ground expedite companies in the country. The company's premium transportation service is provided through its 24/7 operations center, by experienced inside sales staff using the latest in vehicle tracking and dispatch software. Express-1 services customers in the 48 states and Canada and has outside sales staff that covers the Midwest and Southeast. Express-1 utilizes an asset light operating model working with independent contractors that live throughout the Country. Express-1 Expedited Solutions, Inc. is publicly traded on the American Stock Exchange under the symbol XPO. For more information about the Company, visit [www.express-1.com](http://www.express-1.com).