

XPO to Present at Lambert Edwards SMID-West Stock Conference

November 30, 2010 11:02 AM ET

Express-1 Expedited Solutions, Inc. today announced that Mike Welch, CEO and John Welch, Interim CFO will present to institutional investors and analysts at the Lambert, Edwards & Associates 6th annual SMID-West Stock Conference, to be held on Dec. 8, 2010, at The Palmer House Hilton Hotel in Chicago.

SMID-West 2010 is an invitation-only event that will introduce professional investors from the buy-side and sell-side to the management teams of top-performing small- and mid-cap (SMID) companies in a one-on-one and small-group meeting format. For more information regarding the conference, or for institutional investors interested in meeting with company management, please contact Abby Brant at (616) 233-0500 or abrant@lambert-edwards.com.

Lambert, Edwards & Associates, a leading Midwest-based investor relations firm, is hosting SMID-West 2010 in partnership with PR Newswire and Roadcast™.

About XPO

Express-1 Expedited Solutions, Inc. is a non-asset based services organization focused on premium transportation through its business units, Express-1, Inc. (Buchanan, Michigan), Concert Group Logistics, Inc. (CGL) (Downers Grove, Illinois), and Bounce Logistics, Inc. (South Bend, Indiana). These business units are focused on premium services that include same-day, time-sensitive transportation and domestic and international freight forwarding. Serving more than 4,000 customers, the Company's premium transportation offerings are provided through one of six operations centers; Buchanan, Michigan; South Bend, Indiana; Downers Grove, Illinois; Rochester Hills, Michigan; Tampa, Florida, and Miami Florida. Express-1 Expedited Solutions, Inc. is publicly traded on the NYSE AMEX Equities Exchange under the symbol XPO. For more information about the Company, visit www.xpocorporate.com.

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