

**INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Post Gerald H</u>  (Last) (First) (Middle) C/O EXPRESS-1 EXPEDITED SOLUTIONS, INC. 429 POST ROAD  (Street) BUCHANAN MI 49107  (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 01/31/2008	3. Issuer Name and Ticker or Trading Symbol <u>EXPRESS-1 EXPEDITED SOLUTIONS INC [ XPO ]</u>	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ <input checked="" type="checkbox"/> Officer (give title below) _____ Other (specify below) _____ <p style="text-align: center;">President of Subsidiary</p>	5. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Beneficially Owned**

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock, \$.001 par value	500,640	I	Concert Group Logistics, LLC <sup>(1)</sup>

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

**Explanation of Responses:**

1. The listed shares of Issuer's common stock are held by Concert Group Logistics, LLC. Reporting Person is the Trustee of the Gerald H. Post Trust dated 10/12/06 (the "Trust"), which is a member of Concert Group Logistics, LLC. Reporting Person has listed in this Form 3 only those shares of Issuer's common stock held by Concert Group Logistics, LLC that the Trust would receive in the event of a pro rata distribution of all such shares by Concert Group Logistics, LLC to all of its members. Reporting Person disclaims beneficial ownership of all other shares of Issuer's common stock held by Concert Group Logistics, LLC.

Gerald H. Post

02/08/2008

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.